

HUMILITY

WEEK
ONE
K-5th Grade

**PUTTING OTHERS FIRST
BY GIVING UP WHAT
YOU THINK YOU
DESERVE**

READ EPHESIANS 4:2

DAY 1

This month is all about humility, putting others first by giving up what you think you deserve. What do you think you deserve? **Maybe . . . Win • Get your way • Be number one**

Humility is just the opposite. Humility isn't about you, it's about the people around you. That means you have to pay attention when you find yourself becoming impatient with others or pushing your way to the front. Because loving with humility means we put others first. What if you made a new list and considered what others deserve? Fill in the blanks below as you think about putting others first. The first one is completed to give you an example.

My brother deserves patience, even when he's driving me crazy.

My sister deserves _____.

My teacher deserves _____.

My friend deserves _____.

My mom/dad deserves _____.



Take a look at your answers above. Ask God to help you think about what others deserve so you can put them first this week.

READ MICAH 6:8

DAY 2

Today's verse makes it pretty clear what God expects of those who follow Him. And it's not saying He expects us to be perfect.

What God wants for us, what He expects of us, is pretty simple. We are called to act with justice—to treat others fairly. To love mercy—to choose kindness always. And to live humbly. God wants you to work hard at putting others first. He wants you to pay attention to the people around you and see how you can help. He wants you to choose to think about what someone else needs before you think about what you need. What does He expect? Humility.

Think about your day. Was there a time when someone else put you first? How did it make you feel? Was there a time when you chose to put someone else first? What happened?

Thank God for His love for you today and ask Him to help you "walk humbly" in His sight as you choose to put others first.

READ ROMANS 12:3

DAY 3

Have you ever accomplished something that made you feel proud? Maybe you finally got all A's on your report card. Maybe you landed that double back flip or made a free throw with a big swish.

When we accomplish things, it makes us feel good. But pride has a definite downside. When we start to think our accomplishments are all about us, and refuse to give God credit or acknowledge Him, that's when we get in trouble. That's why it's important that we "be reasonable" when it comes to how we think about ourselves. When you step back and remember that God is the one who makes everything possible, you won't let pride get in the way.

Think about the last big thing you did that made you proud. Did you brag about it? Did you tell everyone? Did you give God credit?

This week, practice "being reasonable." Each time you accomplish something and you find yourself starting to get puffed up with pride, bow your head and give God the credit instead.



READ COLOSSIANS 3:12

DAY 4

When you stumbled out of bed this morning, what was the first thing you did after yawning and stretching? Did you get dressed?

What if every time you got dressed, for one whole week, you thought about clothing yourself with humility? Stop for just a second and ask God to help you wear kindness like clothes and to walk with gentleness and patience.

One reason prayer is so important is because it reminds us that God is with us. When we ask God to help us live the way He wants us to live, He will. You are deeply loved by the God of all creation. So as you get dressed this week, ask God to help you walk in humility and put others first.

PUT OTHERS

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FIRST.

